

What is the Institute for the Study and Practice of Nonviolence?

The Institute for the Study and Practice of Nonviolence was founded in the summer of 2000 as a response to violence in South Providence. The Institute began as a long-term solution to systemic community violence. Our mission is to teach by word and example the principles and practices of nonviolence, and to foster a community that addresses potentially violent situations with nonviolent solutions.

Why Use Nonviolence?

Every year we lose many promising young lives to violence. We live with fear in many neighborhoods, schools, and the workplaces. We also see violence in our culture, and in the media.

Nonviolence is not just the opposite of violence. It is a pro-active way of life. It restores hope and activates a force for positive change in each one of us.

- **Do you believe there is room for hope?**
- **Do you want to act?**
- **Would you invest your time to learn the tools of change?**

What will I do in this training?

This workshop in Kingian Nonviolence, based on the teachings of Dr. Martin Luther King, is an **intensive, hands-on** training to prepare you to teach the Institute's Core Nonviolence Training.

Topics covered include:

- **Principles and Steps of Nonviolence.**
- **History of Nonviolence Movements.**
- **Positive Solutions to Conflict.**
- **Community/Team Building.**
- **Preparing for social change.**
- **Classroom Management.**
- **Bullying Prevention**
- **Conflict Resolution**

Graduates will receive a certificate of completion. After an apprentice period, they will be certified as trainers for the Institute for Study and Practice of Nonviolence. Trainers are expected to train *only* for the Institute.

When possible, trainers are paid for their time.

Where does the Institute Train?

The Institute's Nonviolence trainings are focused in core cities throughout the state. Most of our trainings take place in schools, so availability and flexibility are an important consideration. We train at all grade levels from 3rd through college.

The Institute also conducts trainings at community centers, social service agencies, and other organizations state wide.

Is the Training of Trainers right for me?

This Training of Trainers will equip you to be an apprentice trainer for the Institute for the Study and Practice of Nonviolence.

IF YOU ARE...

- Caring
- Concerned
- A positive team player
- Willing to dedicate time to train others
- Available during the day
- Not afraid of a challenge
- Interested in working with youth

WE NEED YOU!

Please fill out the attached application, and submit it in person, mail, fax, or e-mail. Help us build The Beloved Community.

Six Principles of Nonviolence:

1. Nonviolence is not for cowards, but a way of life for courageous people.
2. The beloved community is the goal. A community of compassion in which we support each other in achieving our highest human potential.
3. Attack forces of evil not persons doing evil. Correct conditions that cause the behavior.
4. Accept suffering without retaliation for the sake of the cause.
5. Avoid internal violence of the spirit as well as external physical violence. Anger and hatred are self-destructive.
6. The universe is on the side of justice. Justice will eventually win.

Six Steps To Solving Problems:

1. Gather Information
2. Get Educated on the Facts
3. Make a Personal Commitment
4. Negotiate
5. Take Direct Action
6. Reconcile

-Martin Luther King, Jr.

Course fee is \$245.00
(Scholarships available)

Contact Information:

The Institute for Study and
Practice of Nonviolence
239 Oxford Street
Providence, RI 02905
Phone: (401) 785-2320
Fax: (401) 461-6164
E-mail:

jane@nonviolenceinstitute.org

**Brochure and Application also
available at:**

www.nonviolenceinstitute.org/training

Additional Options:

I would like to recommend the following
person as a training candidate

Name: _____

Address: _____

Phone: _____

Enclosed is a donation of \$ _____ to
support the Training-of-Trainers



THE INSTITUTE
FOR THE STUDY
& PRACTICE OF
NONVIOLENCE

Choose peace.

TRAINING OF TRAINERS 2006

March-April Session:

Friday 3/3/06, 6pm-9pm &
Saturday 3/4/06, 9am-3pm

All other sessions will be held:

Fridays from 6pm-9pm and
Saturdays from 9am-1pm:
3/10 & 3/11, 3/24 & 3/25,
3/31 & 4/1, 3/7 & 3/8

July-August Session, TBA

For more information contact:
Kate Mullin, *AmeriCorps Vista*
Jane E. Jellison, *Director of Training*
www.nonviolenceinstitute.org/training